

## Day 14

Today, continue to focus on energy or energies in your writing, with an added focus on how those energies change over time.

Before you write, read through everything you have written so you can experience the piece (as it exists now) in reading time. If you are writing a performance script, speak it aloud.

### **Warmup: Telephone Solitaire**

Play a game of telephone with yourself. Choose a multi-syllabic word to start from and slide sideways until you find a lovely place to end.

### **Tuning: Arrival**

Instead of writing today, do your tuning physically. Take a walk, lie down and breathe for two minutes, or just sit in your chair and notice how your body feels. Treat it as an arrival, both into your readiness to move your mind in writing, and into awareness of what and who you are today.

### **Generator: Flaming Beetle**

If you did the list of 100 unrelated words last week, find it now. (If you didn't, do the exercise: write 100 words, each of them as unrelated as possible to the word preceding it.)

Trawl your list and choose pairs of words that make an appealing combination. Generally, take words that happen to be adjacent to each other, but you can break the rule and matchmake too.

Then, for each word pair, write yourself a short assignment that centers around the image or impulse the word pair gives you. Take it literally, be simple-minded about it. For example, say I have beetle/aflame as one of my pairs. I might assign myself to write a scene in which someone comes across a flaming beetle, or a scene in which a specimen drawer of beetles catches on fire, or perhaps a scene involving the ritual of the flaming beetle, whatever that is. Write yourself at least five assignments. Then choose one and fulfill it.