

## Day 6

In your writing today, say no to something, even if just temporarily. Find a yes by way of a no.

### Warmup: 100 Words

Write 100 words, each one as categorically unrelated as possible to the one prior.

### Tuning: Sounding Line

Imagine your writing can work like a sounding line, going from a surface to a depth and back up again. You can think of that surface-depth span as a time sample, sounding from the present to the deep past, or some other kind of depth: light thoughts to heavy, public to private. Write one full page which traverses an account of your own thinking, moving from a surface to a depth and back to the surface of whatever pond you've chosen, attempting to fathom the deepest part at the exact midpoint of the page.

### Generator: Color Moods

Choose a color and a temperature. Find a moment in your life that matched that temperature and whose light or environment held that color. Repeat yesterday's memory recall exercise for that moment, with the X-page for a scrawl of sensory details and then a fresh page to write a description of the scene in present tense. Then take the details of that scene as you've surfaced them and give them to another voice. Let them use your details to tell their fantasy or their nightmare. Let them tell the story to another, third person, who might occasionally weigh in with opinions. Write it in script form.